

Shiocton Schools

"Where Excellence is Expected."



The Link

School District of Shiocton

Newsletter Connecting Home, School, and Community



SWAT

SHS SWAT will be hosting a Teddy Bear Toss on Friday, December 4, 2015 at the Varsity Girls' basketball game.

We encourage any community members to bring a new or gently-used stuffed animal to the game to throw out onto the court during half time. All stuffed animals will be given to families in need through the Food and Toy Drive at Shiocton High School. Thank you in advance for your generous donations!

Food and Toy Drive Still Needs Your Help

Classes are still competing to see who can collect the most items for this year's Food and Toy Drive. The winning classes in elementary, middle, and high school will be rewarded with a special treat provided by Student Council.

Different products are being featured each week, but all items, including monetary donations, are always welcome and appreciated. Items featured in December are:

Nov 30-Dec 4 Baby Products/Paper Goods (toilet paper, paper towels, napkins,

*Please submit monetary donations by this time as we need time to shop for items. Thank you!

Dec 7-11 Any Food or Toys

Dec 17-18 Delivery to Families. Families will be notified of time and date.

We would like to thank everyone who contributes to this wonderful event! Each year we're able to accommodate more and more families thanks to this generous community!

The school-wide Geography Bee, Gr 4-8, will take place on Friday, January 8, 2016 at 10:00 in Mrs. Ver Voort's classroom.



**SPICE Presents:
Cookies & Milk with Santa**

Join us and Santa, in the school cafeteria, for this fun event on Saturday, December 12th from 9:30 a.m. to Noon! There will be Santa, games, and cookies. Every child will receive a free book. Don't forget your camera and your letter to Santa! This event is open to the public, so please feel free to spread the word!

2nd Annual Holiday Shop

This shop is for the children to be able to pick out gifts for their family.

Bring a list of who your child wishes to purchase a gift for and his/her budget. We will help them pick out a gift and wrap it! Our Holiday Shop hours will be December 12th from 9:30 to Noon, December 14th – 16th from 10am – 1pm. The Holiday Shop will be set up on the cafeteria stage.



Share some Holiday Cheer

Monday, December 14

Chili Dinner

Served in the cafeteria 4:00-6:30 pm

Winter Concert at 7:00 pm in the high school gym

Music Around the World

Friday, December 18

Elementary Winter Concert - HS gym

Featuring grades K2-5

Grades K-2 from 12:30 (until about 1:15)

Grades 3-5 from 1:45 (until about 2:30)

DATES TO REMEMBER

December 8

Early Release – 12:10 Dismissal
Staff Development
Mid-quarter

December 14

Chili Supper/Winter Concert

December 24 -

No School – Winter Break

January 1

School District of Shiocton

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Superintendent

KELLY ZEINERT
Principal Grades 7-12

KIM M. GRIESBACH
Principal Grades PK-6

DENISE GUEX
Business Manager

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Member: Stacey Warning
Village of Shiocton

All residents of the school district are welcome to attend board meetings to keep informed on school issues or to voice any concerns they may have.

The Link is published monthly, from September through June, and can be viewed at www.shiocton.k12.wi.us. If you do not have Internet access, you may request a copy by mail by calling (920) 986-3351 ext. 517. Submit any articles for publication by mail to the school address or by e-mail to: <mailto:thelink@shiocton.k12.wi.us>.

The Shiocton School District does not discriminate on the basis of race, sex, color, age, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability.

Giving Thanks, Counting Blessings

- I am thankful for students who consistently show respect and employ great manners, who eagerly seek to learn and to perform to their greatest ability in and out of the classroom.
- I am thankful for teachers who never stop learning, whose passion for teaching is rivaled only by their zest for knowledge, who skillfully balance the science of teaching content with the art of teaching students.
- I am thankful for parents who are actively engaged and seek out opportunities to learn along with their child.
- I am thankful for the Board of Education whose unwavering confidence spurs us to seek even greater heights for ourselves and our students.
- I am thankful for the Shiocton Community whose positive vote last February and continued interactions with the schools provide the equally important resources and reassurance needed to educate the youth of our community.
- I am thankful for the opportunity to be a part of Shiocton School District

It is not difficult to count my blessings when surrounded each day by such great people. Look around you, count your blessings ... 'tis the season. Happy Thanksgiving!

~ Mrs. Schweitzer



November Paper Drive Totals

The November paper drive yielded a total of 4.53 tons. Many thanks go out to the community for all their support. Please consider storing your paper recyclables for the upcoming January drive.

The next drive of the year will be Monday, January 4th to Friday, January 8th. This will be a great chance to get rid of your holiday paper recyclables. We really appreciate the support!

Please keep in mind that wrapping paper is not recyclable.

If you have any questions, call Tim Huebner at 986-3351 extension 739.

When: Monday, January 4th, to Friday, January 8th

Where: The large dumpster behind the school

What: Any paper recyclables (examples cardboard, newspapers, junk mail, or any paper item)

MS/HS Principal's Notes

The holiday season is in full swing, and I want to take this opportunity to wish all of our families a wonderful holiday season - may it bring joy and special time with family and friends. This time of the year can be very hectic and stressful, but please remember that it should be a time when families have the opportunity to come together to enjoy each other's company. Whether your family is near or far, take time to spend some time with them, talking with them; remember, the most important thing is family. Try to step away from the hustle and bustle of the holiday season for a few moments and enjoy what is truly important.

As we head into December, we are already thinking about Quarter 2 mid-quarter, which is December 8. As always, you can check your child's progress by using the Skyward Family Access portal. If you do not have access or have forgotten your login and password, please contact the high school office and one of the administrative assistants will be able to assist you.

The Student Council is again sponsoring their annual "Toy and Food Drive". They have been collecting nonperishable food items, toys, and money for several weeks and the support they have received thus far from the community has been outstanding. During the month of November, staff members have helped out as well paying \$1.00 a day to wear jeans to work. This has helped Student Council raise a little extra money. We are hoping that these extra efforts will allow everyone to have a happy holiday season.

On December 8, our early release time will focus on the many initiatives that the district has started over the past two years (Teacher Effectiveness, improving writing for the ACT and ACT Aspire Test, and curriculum updating to name just a few). All of these areas have a direct impact on instruction and student academics. By giving teachers time to focus on the many needs of our students, we are hoping to provide a more individualized plan of instruction to meet the needs of all students.

The Holiday Band and Choir Concert will be held on December 14 at 7:00 p.m. Mrs. Anderson directs the middle and high school choirs, and Mr. Yenor directs the middle and high school bands. The students have been working hard on the musical selections and I look forward to hearing them perform. They will be hosting their annual Chili Supper before the concert.

The winter athletic seasons are underway and off to good starts. If you have time, come out and take in a boys' or girls' basketball game or a wrestling match. The dance team also performs at many events so you get an extra bang for your buck. It is a great way to spend an evening and show your support for our student-athletes.

During this busy time of year, take time and enjoy the season and all it has to bring.

Happy Holidays,
Kelly Zeinert, Principal



VS



Boys Varsity Takes on Brillion at Bradley Center

The Shiocton Boys Varsity Basketball Team is playing at the Bradley Center, home of the Milwaukee Bucks, on Saturday, December 12th, 2015 with tip-off is at 11AM. During half-time of the varsity game, the 8th grade teams from both schools will play; the Shiocton Dance Team will also be performing.

One ticket covers the entrance to the high school game, as well as the Bucks' game later that evening against 2015 NBA Champions, the Golden State Warriors. Family, friends, and community members can purchase tickets from the school office; payment and ticket orders are due by December 4.

Counselor's Corner

December Issue

Rhonda Uelmen

ruelmen@shiocton.k12.wi.us

7-12 School Counselor- ext. 762

Sandee Cornell

scornell@shiocton.k12.wi.us

K-6 School Counselor -ext. 711

Dear Reader,

Welcome to the Counseling Department. Our counseling program offers services of individual counseling, group counseling, or outside referrals. Please feel free to contact us at any time regarding the academic, emotional, or social needs of your child.

7-12 Students

Seniors: Please submit your college applications. See Mrs. Uelmen if you need help. Seniors were invited to be part of the "Remind" app to get text reminders on scholarships, applications, and any other info. If any **senior parent** would also like to get those reminders, please email me your cell number.

Juniors: Don't forget to visit colleges when you can and continue prepping for your ACT! Prep dates will be set up soon with core teachers to go over your ACT practice sample or to just learn test taking strategies. Please keep your eyes posted in all the areas that I post events. These include, [The Link](#), Facebook, Guidance bulletin board, daily announcements, and Skyward.

Sophomores: Please update your ACP's.

Freshmen: If there are freshman students who are still struggling to adapt to high school, please have them stop down or contact Mrs. Uelmen to come up with some study strategies. One option is the after school study program. This is an opportunity for students to stay after school and get their homework done while receiving help from a high school teacher or peer.

7/8 Grade: We continue to practice the character education theme of the month. These are important academic and emotional times for your middle school students. It is important that you keep an open line of communication with them so they feel comfortable talking to you.

K-6 Students

Elementary News:

Students in fifth and sixth grade have piloted a new drug and alcohol prevention program during Guidance class called "UR Choice". Funded through the Children's Hospital of Wisconsin, this online course has provided students with current information on alcohol, tobacco, marijuana, inhalants, media/advertising and peer pressure in an interactive and entertaining format.

Upcoming Events

December 3

Paul Mitchell Representative in Pupil Services-2:30p

December 8

Mid Quarter

December 17

FVTC Representative in Pupil Services-2:20p

December 23

Winter Break

January 4

Classes Resume

Character Education Theme for December

Caring

What is this all about? Every month the counseling department will put out a theme, district wide, for developing and fostering our students' character.

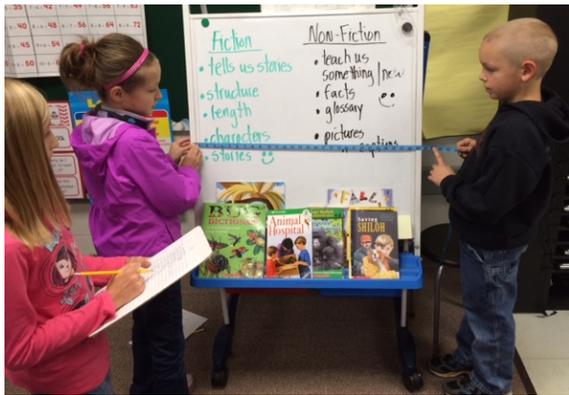
This month's theme is "caring". We will list ideas for parents to try at home and support what students learn in school.

TIPS:

- Talk about donating to the food and toy drive
- Try to donate your time to a charity as a family
- Write thank you notes for your gifts this holiday season
- Care for animals
- Speak kindly to others

DAR Representative

Logan Cummings has been selected as Shiocton's 2015-2016 DAR Representative. DAR stands for Daughters of the American Revolution. The recipient of this honor is selected by the Shiocton High School Staff. A DAR representative must possess four qualities of a good citizen: dependability, service, leadership, and patriotism. Logan has proven that he does possess those qualities and will represent Shiocton Schools well. Congratulations Logan!



3rd Grade

In science, we are starting our unit on all types of measurement



We are working with magnets and forces



Upcycle

Thank you to all of the students who have been remembering to upcycle the juice pouches, Little Bites packages, and the Go Go Squeeze containers. Two shipments of juice pouches have been sent in already weighing almost 8 pounds! That is hundreds of pouches everyone! The last box was a paper box and it was nearly full with the pouches all lying flat. I appreciate all of the effort the students are making to recycle these each day at lunch.

PLEASE REMEMBER: we can also upcycle all markers, pens, mechanical pencils, and highlighters. Save them in a Ziploc and send them to school. The old soup label drop off bin has been converted. Each of us can do our part.



If you have any questions please contact Miss Schmidt at rschmidt@shiocton.k12.wi.us or at 986-3351 x784.

Fourth Grade News-Jill Krohlow



Looking back on all that we have accomplished in the first quarter really gives one perspective on what great work habits 4th graders can have.

We've solidified our understanding of place value in numbers, learned numerous methods of adding, subtracting, and multiplying larger

numbers, learned how to write narrative stories, and deepened our understanding of the importance of characters in stories. We've also read so many books that it is hard to count! All of this while learning how to be the best student and citizen we can be. Whew! This is an exciting age in a young person's life.

We also have our first field trip under our belt. The fourth grade students were fortunate enough to be invited to tour the Dempze Cranberry Company in Biron (near Wisconsin Rapids) on October 13. Mrs. Dempze had a surprise for two of us teachers. She let us actually go into the cranberry bed and help with the harvest! It was a great day to watch the cranberry harvest, and learn about Wisconsin's leading fruit crop in both production and value!



Here are some fun facts about cranberries for you!

- Wisconsin is the leading producing state of cranberries.
- It takes 3-5 years for a new bog to bear a crop large enough to harvest, but with a care, cranberry vines will bear fruit indefinitely.
- Did you know that the cranberry is one of only three major fruits that are native to North America? The other two are blueberries and concord grapes.

- The harvest process highlights two unique qualities of cranberries- they float and they bounce.
- The cranberry is a good source of vitamins C and E, as well as fiber. They have been proven to help the digestive and cardiovascular systems.
- Contrary to popular belief, cranberries do not grow in water. A perennial plant, cranberries grow on low running vines in sandy bogs and marshes. Because cranberries float, Wisconsin marshes are flooded when the fruit is ready for harvesting.
- Europeans named the fruit "crane berry" because they thought the cranberry blossom looked like the head of a Sandhill crane



Fourth Grade is the first year for students to participate in the Geography Bee that is held in January. Each class took a Geography Test and the top three "Geo Buffs" from each class are now studying like crazy for that test!

We will also be participating in the school Spelling Bee in January, and it is not too early for students to start preparing themselves for that. Students are chosen for the spelling bee by looking at evidence of their daily work with words, and their performance in classroom spell downs. These spell downs also give them practice with the format of a spelling bee, so they will be better prepared for the real thing.

Upcoming Dress-Up Days:

December 3 – Packer Football Fan Day

December 10 – Mismatch/Backwards Day

Fifth Grade at Camp U-Nah-Li-Ya



From October 7th to the 9th, Shiocton 5th graders once again adventured to Camp U-Nah-Li-Ya. After arriving at camp, the students found their cabins and claimed their bunks. We went on a tour of the camp to become acclimated with what will be our home for the next three days.

Students were kept very busy at camp with classes such as Outdoor Living Skills, Alpha/Beta, Canoeing, TEAM Building, Predator/Prey, and the climbing wall. Even with a rainy Thursday, the students braved it all, learned many new skills, and made new friends.

The free time at camp is often the favorite. Students can be found canoeing, playing field hockey, toughing it out in the ga-ga pit, playing tennis, basketball, football, or volleyball. This was also the time students could attempt crossing the infamous rope bridge. Making history this year: all three 5th grade teachers crossed the rope bridge (and stayed dry)!



Students past and present all remember the fun trying to pass the gizmo during free-time. Unlucky students stuck with the gizmo at the end of free-time became part of the mealtime entertainment. We also learned new “toasts” during mealtimes.

Skit night was a blast! All students were included in a skit they presented to their classmates. We heard jokes, enjoyed songs and dances, and laughed at hilarious skits. For some students, performing in front of their classmates was a fear they realized wasn't so bad. It was great to laugh together.

The 5th grade unit wants to extend our sincere appreciation to the people of the community that allow the camp tradition to continue. We had a large share of chaperones that stayed with us the entire time, or visited for a day. Their help and extra sets of eyes really alleviated any problems during camp. We also have many people continue to buy from the fundraiser the 4th graders put on every year. The money raised from this fundraiser is put toward the cost of camp. We also have generous donations from the community to help with the cost of camp. Because of our community's generosity, no one is ever turned away from camp because of an inability to pay. All 5th graders are included in the opportunity to come to camp! Thank you also to our administration that supports the outdoor learning that takes place at camp. This occasion is enjoyed by all and talked about for many years after.



Middle School Student Council News

The Middle School Student Council Officers attended the Wisconsin Youth Leadership Summit at the Radisson in Appleton on November 18. Students were inspired to find their “natural high”, assist others, serve their communities and improve their school climate.

Officers pictured: Breanna Birch, Julia Bronold, Colton



Westby, Kylie Dake and Jocelyn Houterman

THANK YOU! THANK YOU! THANK YOU!

Fall Back For Shiocton was a big success! We are so blessed by the support we got from family, friends, and community! SPICE volunteers were life-savers, offering drinks along the way and a healthy snack afterwards.



The day was cool, but sunny and everyone seemed to have a fun time on the track. Activities included hula

hooping, running, jogging, walking, leap-frogging, and more. There were a lot of laughs and lots of silliness as well as many prizes given out for correct trivia answers and from a random drawing.

Cathy Bronold and the Matthew Jansen family won the two gas cards in the drawing from the families who donated money and/or stamps to help with mailing costs. Mrs. McNichols' class raised the most money (\$733.50). Mrs. Streblov's class came in second. Thomas Parker is the individual who raised the most money (\$250). Beth Casper raised the second most.



The AED, AODA, and Scholarship committees would like to thank everyone for all of their help, whether it be helping with mailing costs, filling out their labels, mailing in donations, giving up classroom time, or cheering us on. We appreciated everything you did to support our causes. Shiocton students will benefit in several ways from these monies as they are put to great use!

Gifted and Talented

Wendy Pfundtner (K-6)
920-986-3351 x 627

wpfundtner@shiocton.k12.wi.us

Noetic Math Contest

On November 12, we had 74 students in Grades 3-6 participate in the Noetic Math Contest. I am so very proud of these kids for challenging themselves and for your support. The 20 questions were not easy to answer and the students only had 45 minutes to complete these questions. Winners will be announced next month.

Battle of the Books

Our 3rd, 4th and 5th grade Gifted and Talented students in Battle of the Books (BOB) are vigorously reading to complete 20 books before Christmas Break. The students thoroughly enjoy reading these books and sharing their thoughts in discussions. Thank you for encouraging the love of reading and persistence in this challenge. I am so proud of these students!

Spelling Bee

Grades 3-8 will soon be involved in the annual Scripps Spelling Bee. Teachers will give their students a copy of their word list to take home to study and prepare for their classroom spelling bee. Each teacher will conduct a classroom bee before December 17. The top two spellers from each classroom will move on to the local Spelling Bee, Tuesday, January 12 from 1:00-3:00 p.m. If school is canceled due to weather, the make-up day will be Wednesday, January 13. The top speller(s) will then move on to the regional level in February.

SPICE.... Wishing you Happy Holidays!

Mindy Hofacker, SPICE Chair

SPICE is still bustling with activity during these colder months! The holiday season is in full swing and SPICE is in on the action and hopes you will be too! This month we will hold our annual Cookies with Santa event for the students and families of our community! This will be held on December 12. Kids can decorate a cookie and will have an opportunity to visit with Santa. See the article in this issue of the Link for more details on this event as well as details on our new event the SPICE Holiday Fair. This is an extension of the Holiday shopping fair we held the day of Cookies with Santa last year. It will be held on the day of Cookie with Santa as well as a few lunch hours the following week. Children can shop for small and inexpensive gifts for family members with help from the volunteers. Dates and times are listed in the article. We will be in need of

volunteers for both events, so please consider our group when you are spreading your holiday cheer!

Our most recent movie night held on November 6 was a huge success with over 100 people attending! The group enjoyed the movie *Inside Out* and it was a blast! Our next movie night is tentatively scheduled for January so stay tuned for details! Our Box Top challenge wrapped up this past month as well and we collected many from all the classrooms. Details on the amount will be updated in our next article. Keep saving and clipping them! They really do add up for real cash for our school! The teachers are also excited that they will be receiving some new playground equipment for their classes as we placed an order for the school recently. These are the types of things our Box Top money funds.

Our next meeting is scheduled for **Wednesday, December 2, 2015 at 6:00 pm** at the River Rail. We really hope you can join us for this meeting as we work to plan our Cookies with Santa event and our Holiday Fair as well as other upcoming events. Volunteer efforts from the parents of our students are what make SPICE such a successful organization. We couldn't do what we do without the help of people like you! Please join us in our efforts. We hope you have a safe and happy holiday season with family and friends! Thank you for your continued support of SPICE!

News from the Nurse

10 Tips for Holiday Party Season

'Tis the season for holiday cocktail parties with bountiful buffets. As you gather with friends, family and coworkers to celebrate — and chances are you'll do this more than once — be mindful of healthy eating habits. You can indulge at a party without blowing your diet entirely. Use these 10 tips to navigate holiday spreads without fear of stepping on the scale in January.

1. Don't party on an empty stomach

Rather than "saving up" for a big party meal, arrive with some food in your belly. Enjoy a small snack of nuts, string cheese or a few whole grain crackers before you leave. This will help you tame your appetite so you can focus on the treats you really want.

2. Dress for success

That "expandable" holiday pantsuit spells trouble at the buffet table. You want to be able to feel it when you've eaten too much. So keep your pants or skirt on the tighter side. Belts work nicely, too.

3. Rethink your drink

Alcohol packs a surprising number of calories. This is especially true for holiday beverages such as eggnog and ale.

See if your host has seltzer so you can make a wine spritzer to cut down on calories. And keep in mind that the more drinks you have, the lower your inhibitions — and the greater your chances of mindless overeating.

4. Be last in line

That spread of food looks great when you're the first one to it. But after a lot of people have gone through, the food doesn't look quite as appealing. Imagine potatoes au gratin — that enticingly crusty topping will be gone by the time you see it if you wait. Never underestimate the visual power of food.

5. Make one trip — with one plate

Have you seen the guy who creates a tower of food on the plate? Don't be that guy. Choose a salad plate if it's available, and make a "no-stacking" rule to ensure reasonable portions. Avoid the temptation to go back for seconds.

6. Use the napkin test

If the food leaves an oil mark on a napkin, leave it on the table. Although some fats can be healthy (think olive oil, flax seeds, peanuts, etc.), that appetizer or dessert is more likely loaded with trans and saturated fats. If food leaves a stain on your napkin, it may leave one on your heart, too.

7. Keep it wholesome

Stick with whole foods when possible, avoiding the processed junk. Make a conscious effort to balance and brighten your plate with plenty of fruits and veggies, and don't doctor them with dips and sauces.

8. Take the focus off food

Friends and conversation are what holiday parties are all about anyway, right? Enjoy. But watch the dips and sauces while you're chatting. They add the most calories and fat to buffet tables. It's all too easy to dip a perfectly healthy carrot into 100 worthless calories of ranch dressing mid-conversation.

9. Chew on this

Avoid "picking" at the table after you're full by bringing gum to the party. After you've had an appropriate amount to eat, chew a stick of gum. It will keep you from eating on autopilot.

10. Avoid late-party munchies and leftovers

Your hosts may want to get rid of that crescent-roll-pastry brie wheel, but you don't have to eat it — especially if you've already had your fill. And if they offer a to-go plate, politely decline. Enjoy yourself at the party, within reason, without taking the party home with you.

Source: Cleveland Clinic

Shiocton Flag Football

2015 was a year of firsts for Shiocton Flag Football. It marked the inaugural year for Shiocton Flag Football teams competing in the



Hortonville flag football league. Shiocton had thirty-eight kids registered in the two divisions. This was the first year Shiocton would actually have all Shiocton players on one team. In previous years, Shiocton players would register and then be split apart between the eight teams in each division. The parents would also have to travel to Hortonville twice a week for practices. This year, however, with the assistance of the Shiocton School District, the community was able to form their own teams, practice in Shiocton, and, most importantly, learn to play together with their own classmates.

In the 1st and 2nd grade division, the Chiefs had 14 players participating in practices and games. The Chiefs were two players short of forming two separate teams. The team was coached by Jim Powers and assisted by Jason Kluess, Sean Austin, and Pat Flannery. Although they finished the season 1-7, Coach Jim Powers noted the team's athleticism and desire to play the game were assets to the group's future success. The young athletes worked hard in practices and games and were valuable assets to the team.

In the 3rd and 4th grade division, there was so much interest that there had to be two teams formed: the Shiocton Chargers, coached by Eric Schmidt, and the Shiocton Ravens, coached by Bob Smith. Each team was relatively young with the majority of their players being 3rd graders, which resulted in some pretty tough contests. It was the first time most of the young players even played organized football. The Chargers finished 0-7-1 and will return all but four of their players to next year's team, which should allow them to continue the progression of the football fundamentals. The Chiefs also finished the season 0-7-1, and will also be returning all but four of their players. They played almost every game close and lost two of their games on last-second touchdowns by the opposing team. With the incoming group of 2nd graders and the knowledge and fundamentals learned this year,

the Chargers and the Ravens should both be extremely competitive next season.

Looking forward to next year Parents keep an eye out for registration information in The Link as well as an information booth at Shiocton Summer Sports registrations. I also want to extend my greatest appreciation to Jim Powers, Eric Schmidt, Jason Kluess, Sean Austin, Pat Flannery, and Mark Everson for all their help and volunteered time to assist in getting this program started. A big thank you to all the parents who allowed their children to participate in this program with such short notice and the patience they showed with equipment,



jerseys, facilities, and weather related issues. As we think about next year we will also be looking for more parents to get involved in coaching and supporting the young athletes of Shiocton.

"I would like to say thank you to you both for putting this together. I don't know that we would have had Reid participate if we had to run to Hortonville twice a week for practices. Your effort with the kids is definitely appreciated!" - Pat Flannery





December

Give Your Child a Healthy Start!

Morning can be rushed, but it is important to make time for breakfast. Children can benefit from the School Breakfast Program. Studies show that school breakfast can improve test scores, make kids more alert in class, and improve classroom behavior. Make sure your kids start the school day with a healthy meal.

Cold sandwiches available each day as an alternative entrée for lunch. Whole grain white bread and buns are offered. All students must take ½ cup of fruit or vegetables with breakfast and lunch. Fresh fruit and vegetables are offered daily. Our milk is 1% or fat free white and TruMoo fat free chocolate.

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Muffin, string cheese, juice, fruit, milk	Cereal, yogurt, fruit, juice, milk	Uncrustable peanut butter and jelly, fruit, juice, milk	Scooby snacks, yogurt, fruit, milk	Whole grain long john fruit, juice, milk
		1 Grab-n-Go salad Salisbury steak, fluffy mashed potatoes and gravy, steamed broccoli, sliced peaches, bread slice, milk	2 Chili with homemade buns, peas, apple juice, milk	3 Grab-n-Go salad Build your own meaty burritos with trimmings, refried beans, black beans, whole kernel corn, mandarin oranges, milk	4 Pizza slice, green beans, fresh red grapes, milk
	7 Grab-n-Go salad Chicken teriyaki over steamed rice, steamed broccoli, whole grain dinner roll, sliced peaches, milk	8 Grab-n-Go Salad Tacos in a crispy corn taco tub with trimmings, refried beans, black beans, whole kernel corn, pears, milk	9 Grab-n-Go salad Chicken and gravy over fluffy mashed potatoes, peas, cranberry sauce, orange smiles, sliced bread, milk	10 Turkey/ham and cheese on a whole grain bun, Gold fish crackers, fresh vegetables, fruitable juice, raisins, birthday cake ice cream cup, milk	11 Grab-n-Go salad Goopy goodness creamy macaroni and cheese, uncrustables, green beans, whole strawberries, milk
	14 Breakfast for lunch: French toast sticks, hash browns, sausage patty, orange juice, graham cookie, milk	15 Parfaits or pizza dippers with marinara sauce, garden salad, mixed fruit, milk	16 Chicken nuggets, oodles of seasoned noodles, seasoned broccoli, sliced peaches, Christmas cookie, milk	17 Grab-n-Go salad Homemade chicken noodle soup, string cheese, peas and carrots, dinner roll, applesauce, milk	18 Grab-n-go salad Build your own hamburgers on a whole grain bun with trimmings, French fries, baked beans, sliced pears, milk
	21 Grab-n-Go salad Chicken alfredo over penne noodles, garlic toast, California medley, mandarin oranges, milk	22 Mini corn dogs, seasoned rice, baked beans, pineapple, milk	23 Portessi cheese fries with marinara sauce, green beans, sliced peaches, milk	24 Winter Break	25 Winter Break
	28 Winter Break	29 Winter Break	30 Winter Break	31 Winter Break	*Menu subject to change

Breakfast prices: 4K-12 - \$1.00 per day
Lunch prices: 4K-8 - \$2.25 per day, \$11.25 per week, \$38.25 per December
9-12 - \$2.55 per day, \$12.75 per week, \$43.35 per December

Parents/Guardians – Please remember, money is needed in the lunch account before purchases are made. If your account has a negative \$20 balance, please send money or a cold lunch. Your child may not be allowed to eat hot lunch. No a la carte purchases will be allowed. USDA is an equal opportunity provider and employer.

December Calendar of Events

1	Tues.	MS boys' basketball at Wittenberg-Birnamwood – 4:00pm Girls' JV basketball at Amherst – 6:00pm Girls' freshman basketball at Amherst – 6:00pm Girls' Varsity basketball at Amherst – 7:30pm Boys' JV basketball at St. Mary's Spring Academy – 6:00pm Boys' Varsity basketball at St. Mary's Springs Academy – 7:30pm
2	Wed.	SPICE meeting at The River Rail – 6:00pm
3	Thur.	MS boys' basketball vs. Bonduel at home – 4:00pm Boys' JV basketball at Sturgeon Bay – 6:00pm Boys' Varsity basketball at Sturgeon Bay – 7:30pm Varsity wrestling at Wittenberg-Birnamwood – 7:00pm
4	Fri.	Girls' JV basketball vs. Wautoma at home – 6:00pm SWAT Teddy bear toss during Girls' basketball game Girls' Varsity basketball vs. Wautoma at home – 7:30pm
5	Sat.	Varsity wrestling invitational at Oconto – 10:00am
7	Mon.	Board meeting in the LMC – 6:30pm MS boys' basketball at Waupaca – 4:00pm Boys' JV basketball vs. Manawa at home – 6:00pm Boys' Varsity basketball vs. Manawa at home – 7:30pm
8	Tues.	Early dismissal – 12:10pm for Staff Development Mid-Quarter Girls' JV basketball at Manawa – 6:00pm Girls' freshman basketball at Manawa – 6:00pm Girls' Varsity basketball at Manawa – 7:30pm
10	Thur.	Grade 3 field trip to Appleton & Paper Discovery – 9:00am-2:30pm MS boys' basketball vs. New London at home – 4:00pm Varsity wrestling vs. Amherst at home – 7:00pm
11	Fri.	Boys' JV basketball at Weyauwega-Fremont – 6:00pm Boys' freshman basketball at Weyauwega-Fremont – 6:00pm Boys' Varsity basketball at Weyauwega-Fremont – 7:30pm Girls' JV basketball vs. Weyauwega-Fremont at home – 6:00pm Girls' freshman basketball vs. Weyauwega-Fremont at home – 6:00pm Girls' Varsity basketball vs. Weyauwega-Fremont at home – 7:30pm
12	Sat.	Cookies with Santa in the cafeteria, sponsored by SPICE – 9:30am-12:00pm Varsity wrestling invitational at Brillion – 9:30am Boys' Varsity basketball vs. Brillion at Bradley Center, Milwaukee – 11:00am
14	Mon.	Chili supper/Winter Concert
15	Tues.	MS boys' basketball vs. Seymour at home – 4:00pm
17	Thur.	MS Caroling in Community Varsity wrestling at Rosholt – 7:00pm
18	Fri.	Music Around the World Elementary Winter Concert in HS gym: K thru 2 nd - 12:45pm, 3 rd thru 5 th - 1:50pm Boys' JV basketball vs. Pacelli at home – 6:00pm Boys Varsity basketball vs. Pacelli at home – 7:30pm Girls' JV basketball at Pacelli – 6:00pm Girls' freshman basketball at Pacelli – 6:00pm Girls' Varsity basketball at Pacelli – 7:30pm
19	Sat.	Varsity wrestling invitational at Appleton West – 9:00am
22	Tues.	Girls' JV basketball at Winneconne – 5:45pm Girls' Varsity basketball at Winneconne – 7:15pm Varsity wrestling vs. Fox Valley Lutheran at home – 7:00pm
24-31	Thur.	NO SCHOOL -- Winter break
28	Mon.	Board meeting in the LMC – 6:30pm Boys' Varsity basketball vs. TBD at the University of WI Kress Center – TBD
29	Tues.	Girls' JV basketball at Laconia – 6:00pm Girls' Varsity basketball at Laconia – 7:15pm

